

APPLE PIE DOUGHNUTS + Italian Wedding Soup + COGNAC-SPIKED FONDUE

The Ethics of Chocolate, p.34

# VegNews

The Holiday Issue

VeganNEWSFOODPLANETTRAVELBUZZ

**CARAMEL!  
COOKIES!  
SOUPS!  
CHEESE!  
COCKTAILS!**

+ more

NYC'S HOTTEST  
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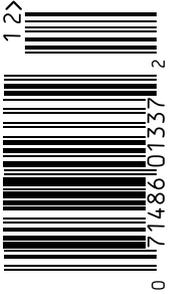
ESCAPE TO  
MOROCCO

**2015  
VEGGIE  
AWARDS!**  
p.25

plus  
MOBY! RUSSELL! PAMELA!

Goosey, spicy,  
saucy caramel  
... we tried  
them all! p.63

\$5.99 US  
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December 2015



DIY NUT  
BUTTERS  
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# VEGGIE AWARDS 2015

**IN 2015, VEGANISM HAS  
SKYROCKETED IN A WAY WE  
ALWAYS KNEW POSSIBLE.**

From celebrity endorsements (Moby! Pamela! Russell!) to meat-free restaurants opening in cities best known for steakhouses to the spectacular rise of artisanal vegan cheese, how could it not? And judging by the 1.3 million votes received in this year's Veggie Awards reader poll (a VegNews record), we'd say you agree. It's been a busy 12 months for the veg world, and we can hardly wait to see what 2016 brings. In the meantime, we give you the best of the best of all-things veg ...

While she never really went away, in 2015 **PAMELA ANDERSON** has taken her vegan activism to new heights. This year, the television and movie actress stripped for an Alfred Hitchcock-inspired shower scene for PETA's campaign to tie California's drought to animal agriculture. She also visited Arizona's Maricopa County Jail to promote the region's first meatless meal program, saying, "I believe people can be rehabilitated from the inside out" and that "jails are full of people wanting to change, to make amends, to learn healthier habits, and understand compassion and empathy." Also this year, Anderson launched web-based cooking show "The Sensual Vegan" to teach viewers how to create simple vegan dishes such as white bean salad and fragrant lentil stew. As if those weren't enough, Anderson has teamed up with French designer Amélie Pichard for a new line of vegan bags and shoes coming out this December. While her on-camera lifeguarding days may be behind her, her real-world efforts to save lives seem to be rolling full speed ahead.

**COMEBACK OF THE YEAR**  
**PAMELA ANDERSON**



Pamela Anderson photo: Terry George

Ellie Laks, founder of **THE GENTLE BARN**, doesn't just believe the journey to a peaceful world involves rubbing pig's bellies, hugging chickens, and cuddling turkeys—she lives it. Since 1999, she and co-founder/husband Jay Weiner have rescued, rehabilitated, and provided life-long sanctuary to more than 170 animals on their Santa Clarita, CA farm. State-of-the-art treatments for injured animals include acupuncture, massages, and prosthetics, while all animals dine on vegetables and superfoods such as quinoa, lentils, and beans. The sanctuary offers educational programs for students and at-risk youth, and hosts events such as the annual Gentle Thanksgiving—taking place November 26—at which 250 visitors feed vegan pie to rescued turkeys. To celebrate its 16th anniversary this year, The Gentle Barn opened a second sanctuary in Knoxville, TN that hosted a vegan wedding within its first month of operation. Laks and Weiner's goal is to open Gentle Barns in all 50 states, which would make us—and a whole lot of animals—very happy.

**NON-PROFIT OF THE YEAR**  
**THE GENTLE BARN**

